

Health Slam



Aim

to provide a space for participants to explore justice issues related to health in developed and developing countries

Age

10 years and older

Time

1 hour (or a series of shorter sessions)

Materials

photo pack, paper and pens, music/video recorder (optional)

Note to Leader

If you have a map of the world, ask the groups to identify the regions or countries they choose.

Let the group decide how long they need to perform it to the other groups. If you have the time you could have a rap off, where the 'audience' decides who has the best rap.

What to do

Option 1

Brainstorm all the words that people think of related to health, (positive/negative/associated). Keep them visible on a flipchart. Split the large group into smaller groups of four or five. Each group chooses a region of the world such as Europe, Asia, North America, South America, Middle East, Africa and Australia. Alternatively, they can choose a particular country. Ask them to use the brainstorm words to create a story about young people (or a particular young person) in that place. Explain that they will present their story to the large group using rap, rhyme, spoken word (poem), dancing or another creative way.

Option 2

Split the large group into smaller groups, allow each group to choose a photo, ask them to think about what is happening there and to create a short story about it. This can be creatively expressed using rap, rhyme, rhythm or drawing.

SLAM EXAMPLE

Ya know health to me, it should be free!

Free to fly just like a bee, bizzin and buzzin, now that's for me!

And what about the other's? We can't close the shutters.

**They should have the same as me, it's the same One World, so
its all about WE!!!**